

Rachel Ouillette Clinical Bodywork  
Confidential Health History

Date	Name		
Address			Telephone
City	ZIP Code	Occupation	
Date of Birth	(Circle) M / F	Who referred you?	
Emergency Contact Name & Telephone			
Have you received therapeutic massage or bodywork before? Y / N			
Describe any surgeries or injuries (and dates they occurred)			
Current medications (include over-the-counters and herbals)			

Circle all that apply to your present health

- |   |  |
|---|--|
| <ul style="list-style-type: none"> <li>arthritis</li> <li>athlete's foot</li> <li>autoimmune disorder</li> <li>blood clots</li> <li>cancer</li> <li>chronic pain</li> <li>diabetes</li> <li>fatigue</li> <li>headaches</li> <li>heart disease</li> <li>high or low blood pressure</li> <li>infection</li> <li>injury</li> <li>jaw pain or teeth grinding</li> </ul> | <ul style="list-style-type: none"> <li>limitation of movement</li> <li>muscle cramping or spasm</li> <li>muscle or joint pain</li> <li>numbness or tingling</li> <li>osteoporosis</li> <li>pregnancy</li> <li>scoliosis</li> <li>skin problems</li> <li>sleep difficulties</li> <li>sprains or strains</li> <li>swelling</li> <li>tendonitis</li> <li>tinitis</li> <li>varicose veins</li> </ul> |
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**CONSENT FOR CARE**

I give my consent to receive massage therapy. I understand that there is no implied or stated guarantee of success or effectiveness of individual techniques or series of appointments. I acknowledge that massage therapy is not a substitute for medical care, medical examination, or diagnosis. I have stated all medical conditions that I am aware of and will inform my practitioner of any changes in my health status.

Signature \_\_\_\_\_

Date \_\_\_\_\_